ESDaP Diploma in Psychodermatology

General information

This diploma, granted by the European Society for Dermatology and Psychiatry (ESDaP) offers updated knowledge and develops essential competences to any person interested in psychodermatology. It consists of four modules, the first two provide basic information to all dermatologists or healthcare professionals working with skin patients. The last ones are ideal for professionals that are interested in becoming psychodermatologists or skin-psychologists/psychiatrists.

Who Can Apply?

Dermatologists, psychologists or psychiatrists working with patients who suffer from skin diseases. Other practitioners could be accepted on CV, if they are or would be involved in Psychodermatology.

Structure

The program consists of four modules. Because of the load of work, usually, the participants follow one course a year and we recommend it. However, participants may complete modules 1 and 2 or 3 and 4 successively in the same year.

Master Classes

Current or past participants benefit from free attendance to our annual Master class series in Psychodermatology. These events are organized as stand-alone one hour sessions, where world-class experts would explore specific topics of this fascinating discipline. This is an excellent opportunity to gain an understanding of the mind-skin connection and its complexity from a practical perspective.

Learning Objectives

Modules 1 and 2:

Recognize patient's problem	Ability that should be acquired
Dermatological patients: burden of disease, adherence, psychological issues	- Relational skills to listen to the patient's suffering and show empathy. - Recognize and evaluate the burden of the diseases, the quality of life, anxiety and depression. - Helping the patient to develop coping skills. - Knowing the complexity of the psychosomatic process and the classification of the psycho-dermatological conditions.
Delusional patients	Recognize it and if MD is able to prescribe antipsychotic drugs.
Patients not able to undertake psychotherapy: - Social or financial problem - Cultural difficulties	Relational skills, correctly send the patients to their GP or dermatologist for prescription of antidepressant or other psychotropic drugs.
Difficult patients	Relational skills
Patients needing psychotherapy	Ability to recognize it and to send to a psychodermatologist or to a psychodermatology team
Patients with factitious disorders	Ability to recognize it and to react on it

Module 3 and 4:

- Reinforce the abilities acquired during the previous two modules.
- Being able to recognize the frequent psychopathological conditions we encounter in psychodermatology and effectibley approach them.
- Counseling: starting interventions on the explicit asking

Topics by Module

Courses	Topics
Module 1	- Classification of psychodermatology disorders - The psychological impact of skin disease - The patient and his family - Psychoneuroimmunology - Health care professional-patient relationship: Communication skills - Psychopharmacology - Psychotherapy: challenges and opportunities - Challenging patients: Delusional and factitious disorders
Module 2	- Neurobiology basics - Alexithymia - Developmental psychology - Communication skills - HCP-Patients relationships - Body dysmorphic disorders - Suicidal ideation and suicidal attempt - Attachment theory - How to make good studies
Module 3	- Burn-out syndrome - Stress and psychosomatics - Somatoform disorders - Attention-deficit hyperactivity disorder - Communication skills - HCP-Patient relationship - Borderline personality disorder
Module 4	- Post-Covid Syndrome - Sex and Gender Identity - PTSD, Trauma, Sexual and Physical Abuse - Eating disorders - Nutrition Allergy - Communication skills: Train the Trainers - HCP-Patient relationship: evaluation with a teacher

Faculty Members

- Françoise Poot - BE Chair of the courses, ESDaP Treasurer

- Anthony Bewley - UK ESDaP President

- Tanyo Tanev - B

- Miguelina Justo - DOM

- Dimitre Dimitrov - SA

- Marie Zipser - CH

- Penelope Williams - UK

- With the help of M. Jafferany (US), Pavel Chernyshov (UA), Sophie Thiriar (BE)

Evaluation System

The participant will have to complete assignments, some of which will have to be submitted beforehand and others during the course. Some assignments will be assessed by faculty members and others by peers.

Requirements

Participants must complete all required assignments in each course. All participants would receive a diploma of participation after finishing each level. In order to receive the proper certification, applicants must have to satisfy the following requirements for each level:

Modules 1 and 2

- ESDaP Congress attendance or 2 EADV Subspecialty Meeting attendance or 1 EADV Subspecialty + 1 APMNA, ADEPSI or national meeting (to be accepted before) or Publication of a scientific paper as a first author. The ESDaP Congress is held every 2 years.

Modules 3 and 4

- ESDaP Congress attendance or 2 EADV Subspecialty Meeting attendance or 1 EADV Subspecialty +1 APMNA, ADEPSI or national meeting (to be asked before acceptance) or Publication of a scientific paper as a first author
- Presentation or Poster at 1 ESDaP Congress
- Supervision 30 hours
- 3 written cases or 2 + 1 publication

Cost per Course

Early Bird before April 1st	Before July 1st	Late registration:
300 € as an ESDaP member (only once a year) 350 € as ESDaP non member	400 € as an ESDaP Member 450 € as ESDaP non member	If seats are still available 500 as ESDaP Member 550 as ESDaP non-member

Registration Forms

    Modules 1 and 2: Link to the registration form

    Modules 3 and 4: Link to the registration form

Coordinator

    Prof Françoise Poot

Payment information:

Payment with Paypal	Payment on the bank account
http://www.paypal.me/psychodermatology An invoice will be sent by email	Europäische Gesellschaft für Dermatologie und Psychiatrie-ESDaP Account Number: 202266 Bank Identification Code: 42390 IBAN: AT924239000000202266 BIC: VBOEATWWINN Bank: Volksbank Tirol, INNSBRUCK, AUSTRIA