

V2-2020-T-L1W1

Psychodermatology – Practical aspects and management

19-21 November 2020

18 November 2020 - Arrival of participants

19 November 2020 - Basics in Psychodermatology

Time	Topics / Contents	Speaker
8.30	Welcome Breakfast at course venue – presentation of the participants	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
9.00	Expectations	Lucia Tomas-Aragones Françoise Poot
10.00	Coffee Break	
10.30	Review of the neuro-immuno-cutaneous endocrine system	Uwe Gieler
12.00	Psychodermatology – Classification and Clinic – a brief overview	Françoise Poot
12:30	Lunch, together with speakers	
13:30	Doctor-patient relationship (starting from the participants problems) The structure of the consultation How to manifest empathy Usual consultations	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
15.30	Coffee Break	
16.00	Communication skills workshop Complex situations	Francoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18.00	Adherence to treatment	Francoise Poot
18.30 – 19.00	Reflection of the day	Lucia Tomas-Aragones
19.00 - 22:00	Dinner – everyone is free to make their own arrangements	

20 November 2020 – Practical management

Time	Topics / Contents	Speaker
8:30	Welcome breakfast at course venue	
9:00	Health-related quality of life: the impact of skin diseases on physical, psychological and social functioning and well-being	Francesca Sampogna
10:00	Coffee Break	
10:30	Depression and anxiety: diagnosis, treatment, and when and how to refer	Lucia Tomas-Aragones
12:00	Alexithymia	Francesca Sampogna
12:30	Lunch	
13:30	The patient and their family: its importance in psychodermatology Workshop on Genogram	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
15:30	Coffee Break	
16:00	Psychopharmacology adapted to what is available in the different countries	Uwe Gieler
17:30	How to make a good study	Francesca Sampogna
18:30	Reflection on the day	Uwe Gieler
19:00	Dinner – we all get together	

21 November 2020 – Special aspects

Time	Topics / Contents	Speaker
8: 30	Welcome Breakfast at course venue	

9.00	CASE PRESENTATIONS Special aspects of psychodermatology: Delusional disorders (delusion of parasitosis etc.), factitious disorders, BDD and OCD	Participants 9:00 - 9:10 9:15 - 9:25 9:30 - 9:40 9:45 - 9:55
10.00	Coffee break	
10.30	CASE PRESENTATIONS Special Aspects of psychodermatology	Participants 10:30-10:40 10:45-10:55 11:00-11:10 11:15-11:25 11:30-11:40 11:45-11:55
12.00		12:00-12:10 12:15-12:25
12:30	Lunch	
13:30	CASE PRESENTATIONS Continued	Participants 13:30-13:40 13:45-13:55 14:00-14:10 14:15-14:25 14:30-14:40 14:45-14:55
15:00	Theoretical statement	Uwe Gieler
15.30	Coffee Break	
16.00	Evaluation for the diploma (Balint group)	
17:00	Reflection of the day Evaluation of the course	Francesca Sampogna Francoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18:00	End of the course	