

2020 – Teachers L2W1-Psychodermatology – Practical aspects and management – Diploma Level 2 – Workshop 1

30th September 2020: Arrival of the participants

Each participant should prepare in advance 1 topic in group of 2-4 participants and 1 case presentation following the required format.

Case presentation format:

- I. Medical history
 - i. Presenting complaints
 - ii. Social and family history, genogram
 - iii. Diagnostic:
 1. Dermatological
 2. Psychological
 - iv. Intervention
 - v. Outcome
 - vi. Follow-up

[Afternoon and 3rd day with participants of Level 1-Workshop 2](#)

1st October 2020

Time	Topics / Contents	Speaker	Activity
08.30	Welcome Breakfast at course venue – presentation of the participants to each other if new– What’s new since our last course	All	
9.00	Expectations (done earlier by email) DSM-5 How to use it Other classifications	Presentation by a group of participants Group 1:	Supervised by: Lucia Tomas-Aragones Uwe Gieler
10.00	Coffee Break		
10.30	Stress and psychosomatics: How does stress act on the body? Acute stress, Chronic stress allostasis, and allostatic load, PTSD	Presentation by a group of participants Group 2:	Supervised by: Uwe Gieler Françoise Poot
11:30	Somatoform disorders glossodynia vulvodynia, penodynia, Chronic fatigue disorder, fibromyalgia,	Group 3	Supervised by: Uwe Gieler Françoise Poot

	spasmophilia		
12.00	Suicide ideation	All participants	Supervised by Lucia Tomas-Aragones Francesca Sampogna
12:30	Lunch, together with speakers		
13:30	Doctor-patient relationship (starting from the participants' difficulties)	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler	The patients profile Work with a video Calibration, synchronisation, and reformulation reexplained
15.30	Coffee Break		
16.00	Communication skills workshop Complex situations	Small groups	Self-inflicted skin lesions Getting in touch with a BDD patient Other complex situations
18.00	Case presentations	participants	
18.30 – 19.00	Reflection of the day	Lucia Tomas-Aragones	
19.00 - 22:00	Dinner – everyone is free to make their own arrangements		

2nd October – personality disorders

	Topic		
8:30	Welcome Breakfast at course venue		
9.00	ADHD in children and adults Theory How to diagnose it Psychosomatic consequences Treatment: medical and psychological	Presentation by a group of participants Group 1	Lucia Tomas-Aragones Françoise Poot
10.00	Coffee break		
10:30	Personality disorders: Theory Borderline personality disorder How to diagnose it Psychosomatic consequences Treatment: medical and	Presentation by a group of participants Group 2	Supervised by: Uwe Gieler Francesca Sampogna

	psychological		
11:30	Supervision	To be decided whether together or not	Supervision by 2 teachers
12:30	Lunch		
13:30	Attachment theory	Presentation by a group of participants from level 1 workshop 2	Francoise Poot Lucia Tomas-Aragones
15.30	Coffee Break		
16.00	Difficulties in interactions with families	participants	Francoise Poot
17.30	Difficulties in prescribing neurotropic drugs	participants	Uwe Gieler
18.30	Reflection of the day	Uwe Gieler	
19.00	Dinner together with participants		

3rd of October: All together

	Topic			
8: 30	Welcome Breakfast at course venue			
9.00	Case presentations	9:00-9:10 9:15-9:25 9:30-9:40 9:45-9:55		
10.00	Coffee break			
10.30	Cases presentations	10:30-10:40 10:45-10:55 11:00-11:10 11:15-11:25 11:30-11:40 11:45-11:55		
12.00		12:00-12:10 12:15-12:25		
12:30	Lunch			
13:30	Case presentations continued	13:30-13:40 13:45-13:55 14:00-14:10 14:15-14:25 14:30-14:40 14:45-14:55		
15:00	Theoretical statement			Uwe Gieler
15.30	Coffee Break			

16:00	Evaluation for the diploma			
17:00	Evaluation of the course			Francoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18:00	End of the course			